

Level 3 Application

Your interest in becoming a Healer

Please answer the following questions with pure authenticity, not worrying *what you think we want to hear* in an application. Because we may know a lot of these answers already having worked with you, we are looking at how well YOU know YOU ;-)

Please keep responses articulate and concise (no need to write more than a few sentences).

1. Name

2. What are your top 3 reasons for applying for Level 3 Soul Retrieval Healer Certification?

(Choose 3)

- | | |
|--|---|
| <input type="checkbox"/> Continued connection with spiritually awakened community | <input type="checkbox"/> Development of my intuitive skills |
| <input type="checkbox"/> Access to the deep healing process | <input type="checkbox"/> Development of the ability to balance linearity / process / structure with diffuse spiritual intuition |
| <input type="checkbox"/> Interest in doing this healing process with my personal clients | <input type="checkbox"/> Curiosity about what the hype is about |
| <input type="checkbox"/> Working with trauma | <input type="checkbox"/> It's the next step and I just love Inner Alignment work |
| <input type="checkbox"/> Ability to learn from the Inner Alignment organization's team | |

Other (please specify)

3. Please explain why you are applying for L3:

4. What do you hope to get out of this process?

5. What concerns you most about this certification?

6. How do you plan to use this certification with your future clients?

7. Please list your shadow qualities and how you anticipate these qualities will interfere with your process (be honest...how will you get in your own way?):

8. Please provide description of how your soul qualities will contribute to this work?

Level 3 Application

Skills and Commitment

9. How open are you to receiving feedback on your shadow qualities that may be getting in the way of your growth?

- Very open (excited about feedback so I can grow)
- Moderately open (I may react but rather have the feedback than not)
- Hesitant (I'm not good at receiving feedback because I may act out)
- Very hesitant (I'd rather not)

10. How open are you to being a receiver of soul retrieval practice with peers (peers practicing on you within your deep fears)?

- Very open (excited about peers practicing on my current life fears and issues)
- Moderately open (cautiously open but it may depend on person or the specific issue)
- Hesitant (I'm not usually open to letting others in, but I will work on this)
- Very hesitant (I'd rather not)

11. Please rate your current USE of the following Level 1 tools on yourself:

Often (4 or more times/week)

Sometimes (1-3 times/week)

Seldom (1-2 times/month)

Never (less than once/month)

	Often	Sometimes	Seldom	Never
Violet Flame	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Energizing Breathwork	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Grounding Breathwork	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Destination Vibration	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Meditative Flow Yoga	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Neutral mind (pos/neg/neutral)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gratitude	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ganesha Mantra	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sacred heart Journey	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Forgiveness prayers and ho'oponopono	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Soul/Shadow	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reactivity Chain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pain Body	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Creating soul-space ritual daily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12. Please rate your personal SKILL LEVEL with the following (within your own life):

	Strong	Moderate	Weak
Emotional engagement and connection with peers (sacral chakra connectedness vs disconnection / aloof / isolating/ hiding / avoiding)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Anchoring into love no matter how "crazy" someone can get (seeing their soul when their ego is trying to suck you in, not merging with their interference energy)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strong	Moderate	Weak
100% responsibility for all your emotional reactions (recognizing you attract every pos/neg situation into your life)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Personal use of feel and process and/or fear exploration (feeling an issue til it releases)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not merging with client/coach/authority personality "quirks"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Neutrality (non-attachment to results; non-rigidity; being fluid and trusting)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting results with and trusting the Violet Flame	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Personal deity connection with two-way communications (e.g., Jesus, Buddha, God/Goddess)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Expressing your truth to peers and leaders (initiating difficult conversations)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conflict resolution (taking responsibility for your part in conflict and doing your inner work and communicative work to heal it)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Asking for help when you are struggling (vs expecting someone to come save you)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Noticing and stopping suffering patterns, overwhelm, personal life chaos	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Keeping peace in personal relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Balancing compassion with truth (finding the parts where you struggle)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Strong

Moderate

Weak

Creating a sattvic life
(clean eating, limited
technology, time in
nature, silence and
stillness, conserving
prana, practicing
gratitude and
contentment,
truthfulness)



Ability to maintain
personal meditation in
silence and stillness for
20 min



13. Where did you struggle most in L2 with your coach or coachee? Where did you merge with their stuff?
How did you work through it?

Level 3 Application

Coaching Level 1 Inner Alignment Clients

Coaching our Level 1 trauma clients will take an incredible amount of patience, skill, and ability to make conscious decisions on the fly, without much guidance.

14. As part of Level 3, you would be coaching our Level 1 clients, some of whom come in with some heavy duty mental health issues such as suicidal ideation, Bipolar Disorder, Borderline Personality Disorder, previous criminal records, etc. Sometimes they will play out their familial trauma patterns with our team. Are you comfortable navigating these clients with sensitivity and love, even if one of them resembles your childhood trauma?

**It is critical to get yourself insured through Alternative Balance with coverage for coaching, energy work, Ayurveda, yoga, and breathwork prior to Level 3.*

- Yes (I understand the magnitude of this work and fully commit without reservation)
- Maybe (This makes me nervous so it will depend)
- No (This makes me uncomfortable due to the possible severity of clients's issues)

Please explain how you would handle this situation as a Rewiring Coach with Level 1 clients.

You are responsible for teaching rewiring practices and holding client accountable for doing them every day...and the following happens:

15. Client stops responding to your texts

16. Client gets defensive or attacking with you because you said the “wrong” thing or hit a wound straight on

17. Client speaks negatively about their primary healer or another peer in the L1 program

18. Client says they are watching weekly curriculum but has obviously not watched or retained the material

19. Client is in a current pain body attack

20. Client cancels on you for the third week in a row

Level 3 Application

Timing and Availability

21. Are you able to dedicate at least 7-10 hours per week for a year toward this certification (some weeks more, some weeks less)?

**Note, most of these you will have control over the timing except L1, 2, 3 groups*

	Definitely (I can prioritize this work)	Possibility (My schedule is not flexible)	Probably not (I have limited availability)
providing paid coaching to L1 (3 hrs/wk)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
attending L1 weekly groups and graduations (1.5 hrs/wk)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
participating on L1 coachee group texts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
listening to healing calls (4 hours/wk)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
attending L3 groups and trainings (as needed)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reviewing Level 2 coaching materials and attending groups (0-2hrs/wk)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
practicing soul retrievals (2-4 hours/wk; second half of program)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
receiving feedback (as needed)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

22. Do you have a preference about participating in the Fall 2021 program or later program?

- Prefer the upcoming 2021 program
- Prefer a later program
- No preference

PLEASE NOTE

Becoming a Secondary or Primary Healer (Level 3) in the Inner Alignment Organization is a separate application process that requires two additional years of mentorship and work. Not everyone certified as a Level 3 qualifies as a Primary Healer in our organization due to the depth of inner work required on a DAILY basis, and because not everyone is fitted to do trauma work daily. That said, if after a year in this work, you decide that is a personal goal, you can share that intent toward the end of the program and apply.

PRICING

Fall 2021 Program

Discount of 10% applied if non-refundable 50% deposit is paid within one week of being admitted into the program.
($\$5400 - 10\% = \4860 so \$2430 deposit now and \$2430 prior to starting in Sept)

Future Program

If it is agreed that you are not ready for L3 yet (or the program is already full), we will give you tangible homework, and honor a 10% discount on the next program if a non-refundable deposit is paid toward next L3.
(Approximate price will be $\$7500 - 10\% = 6750$ so \$3375 deposit now to hold discount)

23. Any other thoughts you want to share?

Thank you for taking the time to respond! We will be in touch once we've review all applications!

Love,

Kim and Laura